| food | potatoes | ham |
| :--- | :--- | :--- |
| soup | broccoli | eggs |
| fish | spinach | yogurt |
| beef | peppers | butter |
| rice | onions | milk |
| fruit | carrots | mineral |
| nuts | cucumbers | water |
| grapes | peas | orange juice |
| kiwi | bread | junk food |
| apples | noodles | breakfast |
| oranges | pizza | have lunch |
| vegetables | tea | dinner |
| tomatoes | sausages | restaurant |
| beans | cheese |  |

